
































COOK’S CLUB EL GOUNA PRESENTS

WEEKLY PLEASURES

Entertainment and fitness



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Morning	 Cycling 08:00	 Yoga 08:00	 Nature Walk 08:00	 Yoga 08:00	 Yoga 08:00	 Yoga	 Yoga 08:00
Morning	 Board Games	 Darts	 Darts	 Board Games	 Darts	 Boat Party	 Cycling Tour 09:00
Afternoon 1pm	 SUP Challenge	 Boccia challenge 13:00	 Ping Pong Challenge	 Cornhole Board Challenge	 Foosball Challenge	 Boat Party	 Pool Party
Late Afternoon	 Steigenberger sunset tour 16:00	 Vollyball At Casa Cook	 Hurghada City Tour	 Sustainable Talk 15:00	 Food Workshop 15:00	 Mixology	 Downtown Tour
Evening	 Flash Back Fever (80s & 90s Music)	 Oriental BBQ	 Movie Night	 Sea Food Night	 Live Band	 Live DJ	 Live Singer

 Get active  Get in the mood  Get involved  Have Fun  Discover