COOK'S CLUB ALANYA PRESENTS

COOK'S SUMMER WEEK

COOK'S CLUB
NEW GENERATION HOTELS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Morning	City Bike with GM	Yoga	Pilates	Meditation	City Bike with GM	Stretching	Yoga
Morning	Total Body Workout	Iron Core	Cross Training	Core & Hips	Stand Up Paddle	Cross Fit	Water Gym
Early Afternoon	Beach Vibes	Party Live	Local Food Workshop	Beach Vibes	Beach Vibes	Pool Party Live	Healthy Drinks Workshop
Late Afternoon	Beach Vibes	Party Live	Beach Vibes	Beach Vibes	Beach Vibes	Pool Party Live	Beach Vibes
Early Evening	Rage Room VR Practice	Evening Practice	Evening Practice	Rage Room VR Practice	Mixology Class	Party Live	GnT Workshop
Evening	Cinema	Live Music Band	Night Pool Swim	Jukebox	Main Event Cook's Friday DJ PRETTYPINK	Local Workshop	Karaoke in Private Disco

Get active Get in the mood Get involved